# WATCH THE BIRDIE

ERNIE ELS HITS A CRUCIAL SHOT ON THE 18TH HOLE TO CLINCH BRITISH OPEN TITLE PAGE 15

LONDON metro®

Monday, July 23, 2012

News worth sharing.

metronews.ca | twitter.com/themetrolondon | facebook.com/themetrolondon

# Speaking up for a better city

**Getting involved.**
Raft of recently formed community groups aim to make London a more livable place

JOHN MATISZ
john.matisz@metronews.ca

More than any other time in recent memory, London residents are rallying to share ideas for how to improve the city.

Several citizen-led civic-engagement groups formed over the past three years — among them Citizens Corps, Open Data London, ChangeCamp and Better London — are urging more Londoners to get involved. These groups have joined the likes of the Urban League of London (founded in 1969), Emerging Leaders (2006) and others.

Case in point: Recent hot topics for the Citizens Corps include how to keep London youth from leaving the city and the implications of the zero per cent tax hike proposed in the 2013 budget.

Shawn Adamsson, creator of Citizens Corps, Open Data London and ChangeCamp, is one of the city's more engaged citizens. "I'm involved because I hate losing our youth from the city," Adamsson, 43, said. "Getting people informed and interested at the grassroots level seems, to me, the best way to help nudge us forward."

One longtime resident with a history of community involvement says these groups are establishing a strong presence in the Forest City. "What makes London unique right now is that all of these small groups formed at once," said Glen Pearson, a former MP, current director of the London Food Bank and London resident for the past 40 years.

With local voter turnout down in the most recent provincial, federal and civic elections, spreading the word is of prime importance, Pearson adds. "I think it's a sign of how difficult things are. These groups are springing up because things are wrong."

**Recent civic associations**

**Municipal-affairs groups:**
- Citizen Corps (founded in 2012)
- ReThink London (2012)*
- Citizens Panel (2011)*
- City Symposium (2011)*
- Better London (2011)
- Open Data London (2010)
- ChangeCamp London (2010)

**Groups concerned with larger-scale issues:**
- Occupy London (2011)
- Hack the Vote (2010)

* Associated with City of London/London Public Library

Some leaders of the civic-engagement movement stand outside London City Hall. From left, Abe Oudshoorn, 30; Glen Pearson, 61; Sean Quigley, 44; Christine Moss, 40; James Shelley, 34; Jesse Helmer, 32; Stuart Clark, 45; Nick Soave, 25; and Shawn Adamsson, 43. For more, see page 3 and metronews.ca. JOHN MATISZ/METRO

## Dark night

Colorado shooting suspect James Holmes was rejected for membership at a gun range due to his "freakish" voice-mail message PAGE 4

## More choice

A new CRTC ruling on flexible TV packages means Canadian viewers could soon be paying only for the channels they want PAGE 5

## They're back

Bands whose heydays are several years removed are vying for the spotlight again PAGE 7

## Pump it up

Olympic weightlifter Christine Girard bears the medal hopes of Canadians on her capable shoulders PAGE 17

GIVING CANADA'S ATHLETES
THE VISION TO SUCCEED
LASIK MD
VISION
LASIK starting at $490/eye* • FREE Consultation: 1-855-895-2020 • www.lasikmd.com

# FINCH IS BACK!!

Come visit our **BRAND NEW** state of the art facility at Wonderland and Oxford Street.
Our team is ready to help with all your automotive needs.

## 2012 CHEVROLET CRUZE LS+

SALE
$19,594 +HST ONLY
84 MONTHS @ 0%
$122 BIWEEKLY TAX IN

## 2012 CHEVROLET MALIBU

SALE
$22,995 +HST ONLY
84 MONTHS @ 0%
$143 BIWEEKLY TAX IN

## 2012 CHEVROLET SONIC

SALE
$17,339 +HST ONLY
84 MONTHS @ 0%
$108 BIWEEKLY TAX IN

## 2012 CHEVROLET ORLANDO

SALE
$22,884 +HST ONLY
84 MONTHS @ 2.49%
$155 BIWEEKLY TAX IN

## 2012 CHEVROLET SILVERADO CREW CAB 4X4

SALE
$31,984 +HST ONLY
84 MONTHS @ 0.99%
$206 BIWEEKLY TAX IN

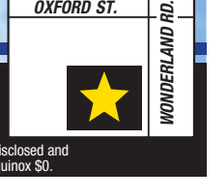
## 2012 CHEVROLET EQUINOX

SALE
$28,124 +HST ONLY
84 MONTHS @ 0%
$175 BIWEEKLY TAX IN

finch
CHEVROLET • CADILLAC • BUICK • GMC

**1.888.257.4537**
**640 Wonderland Rd North**

Test drive our entire New and Pre-Owned Inventory online @
**www.seefinchfirst.com**




*All sales prices include all dealer fees and are plus HST and licensing only. All payments are based on the term and rate as disclosed and all payments include HST. Cost of borrowing is as follows: Cruze $0, Malibu $0, Sonic $0, Orlando $2345, Silverado $1278, Equinox $0.

Call 1-800-222-TIPS

## Man killed in traffic collision

One man was killed after a collision at Adelaide Street North and Sunningdale Road on Saturday.

Two vehicles, each with two passengers, collided at around 8:05 p.m. Three people were taken to hospital, where one was pronounced dead and two were treated for minor injuries. London police are still investigating the collision. METRO

Minor injuries

## Teens robbed in mall parking lot

London police are looking for three men after a robbery at Masonville Mall at about 12:30 a.m. Saturday.

Police say three boys, all about 15 years old, left the movie theatre at the mall and were walking toward Richmond Street when they were confronted by three suspects, described as white and in their late teens to early 20s.

Officers allege two of the suspects knocked one of the boys to the ground while the other assaulted him and stole cash from him. The victim received a minor injury. Another victim had his wallet and cellphone stolen. AM980/AM980.CA

Lost his breath

## Clements loses by submission

Matthew Riddle kicked off the main card Saturday at UFC 149 in Calgary with a submission win over London's Chris Clements. After Riddle executed a perfect arm triangle, Clements tapped out at 2:02 of the third round. "I tried to give it all I could, but I could hardly breathe," Clements said. "I couldn't catch my breath." THE CANADIAN PRESS

**Yoga Shack: A little ol' place where we can stretch together**

Sabra Lopez of London, a Yoga Shack instructor, keeps an eye on participants' form during Sunday's Yoga Shack Gives Back at the John Labatt Centre. About 300 people participated in the yoga class, raising money for the Heart and Stroke Foundation. About $3,700 in donations had been tallied Sunday morning with more expected to trickle in. ANGELA MULLINS/METRO

# C@lling all politicos

**Getting involved online.** Social media are driving forces of London's citizen-led civic-engagement groups

JOHN MATISZ
john.matisz@metronews.ca

Social media have become stomping grounds for anyone with an opinion, including those engaged in municipal affairs.

Jo-Anne Bishop, 39, a self-described "politics geek" who has a degree in political science from the University of Windsor, was out of the loop until three years ago when she joined Twitter. It has led to her involvement in Munch, a program run by the Urban League of London, as well as Citizen Corps.

"What drives me is getting the word out and helping some people get informed and eventually vote," she said.

Bishop, or "@j0_mAmA" on Twitter, is not alone. A daily scan of the London hashtag (#LdnOnt) can find Tweets from Jesse Helmer (@jesse_helmer) of Better London, Stuart Clark (@StuartClark) of the This Week in London podcast, James Shelley (@jamesshelley) of City Symposium and other involved folks.

"There's no question that these new groups fuelled by social media are a good thing," said Andrew Sancton, a professor of urban politics and local public administration at Western University. "The question that the councillors are always asking, though, is: 'What about all the people who are the silent majority?'"

For at least one councillor, Ward 7's Matt Brown, social media open up another channel of communication to the engaged.

"One thing to remember is that social media and technology doesn't replace other avenues of connecting with councillors," Brown said. "But it does augment them, and I find it very useful."

**Special report**

Can citizen groups bring results?

- Visit metronews.ca, and tune in to AM980 today at noon for a panel discussion on politically active Londoners.

Special report by metro AM980

1 NEWS

News in brief

## *Curse of the Olympic city?*

**For some in Athens the Olympics are not a celebratory affair. The birthplace of the Games is collectively groaning after hosting the 2004 event. Go to metronews.ca to find out why the public is so unhappy.**

On the web

**A small part in an upcoming sci-fi remake has turned into a treasure chest of publicity for a Canadian actress who plays a three-breasted prostitute in the flick. Scan the code to find out more.**

Pride
LONDON FESTIVAL
EVENTS: MONDAY, JULY 23
Watch for the 2012 Pride Guide or visit www.pridelondon.ca for more information on this year's festival!
CHRW'S ALL DAY, ALL GAY
94.9FM CHRW
PRIDE FILM NIGHT
Wolfe Performance Hall,
Central Library, 251 Dundas St.
6:00PM - 9:00 PM

You're our reason to celebrate

DROP BY FOR CLIENT APPRECIATION DAY ON THURSDAY, JULY 26, 2012

Refreshments will be served.
Ask about our special offers.

Learn more at
cibc.com/clientappreciation

CIBC FOR WHAT MATTERS.

Join us for the launch of the 2012 **CIBC Pink Collection**™ exclusive to CIBC branches. 100% of the net proceeds raised support the Canadian Breast Cancer Foundation.

"CIBC Pink Collection" and "CIBC For what matters" are trademarks of CIBC.

Friends of AJ Boiks comfort each other at Gateway High School before a vigil in his honour, where they dressed in his favourite colour, purple, and released purple balloons on Saturday in Aurora, Colo. Twelve people, including Boiks, were killed and dozens were injured in a shooting attack early Friday at a packed theatre during a showing of The Dark Knight Rises in Aurora. HEATHER ROUSSEAU/THE DENVER POST/THE ASSOCIATED PRESS

# Shooting suspect's voice mail 'bizarre'

**Background.** Details unveiled about James Holmes and what led up to shooting spree in a Colorado theatre

Shooting suspect James Holmes applied to join a Colorado gun range last month but never became a member because of his behaviour and a "bizarre" message on his voice-mail greeting, the range's owner said Sunday.

Holmes, 24, emailed an application to join the Lead Valley Range in Byers, Colo. on June 25, said owner Glenn Rotkovich.

But when Rotkovich called to invite him to a mandatory orientation the following week, he said he heard Holmes' voicemail greeting that was "bizarre, guttural, freakish at best."

Rotkovich told his staff to watch out for Holmes at the July 1 orientation and not to accept him into the club, he said.

Holmes is being held without bond on suspicion of multiple counts of first-degree murder after a shooting rampage minutes into a premiere of the new Batman film, The Dark Knight Rises, on Friday that left 12 people dead and 58 wounded at a theatre in Aurora, Colo.

U.S. President Barack Obama left for Colorado on Sunday to visit with the families of victims. The city of Aurora planned a vigil to remember the dead and wounded.

The suspect was described as a budding scientist, brimming with potential, who pursued a neuroscience graduate program even as he planned the attack with "calculation and deliberation," police said.

The University of Colorado said it was looking into whether Holmes used his position as a graduate student to order materials in the potentially deadly booby traps that police said they found in his apartment.

Holmes had recently withdrawn from the competitive program, where he was one of six students funded by a prestigious grant. Authorities refuse to discuss a possible motive for one of the deadliest mass shootings in recent U.S. history. THE ASSOCIATED PRESS

Flooding

## At least 20 killed in China storms

The heaviest rain to hit Beijing in six decades killed at least 10 people, and 10 other storm deaths were reported elsewhere as China braced Sunday for more downpours. The rain knocked down trees and trapped cars and buses. THE ASSOCIATED PRESS

Norway attacks

## Bombing victims remembered

Norway paused Sunday to commemorate the 77 victims of a bomb and gun massacre that shocked the peaceful nation one year ago. Anders Behring Breivik, a 33-year-old far-right fanatic, has admitted to the attacks. THE ASSOCIATED PRESS

## Missing persons. New database excludes DNA

A national database to help identify missing persons and unidentified remains is more than a year away, but families and experts say that DNA is the missing piece of the puzzle that the initiative needs.

Lindsey Jill Nicholls CONTRIBUTED/RCMP

Judy Peterson of Sidney, B.C., has been a proponent of such a database since her daughter, Lindsey Jill Nicholls, went missing in 1993. "I think the DNA databank is just the missing piece," she said.

Peterson started a petition in 2003 called Lindsey's Law, calling for DNA from missing persons and unidentified remains to be added to the National DNA Data Bank, which was set up in 2000 to help police with their investigations.

Melanie Alix's son, Dylan Koshman, went missing in Edmonton in October 2008 and she too has been petitioning the government. "I'd give my life to find my son," she said.

A new index called the National Centre for Missing Persons and Unidentified Remains would store descriptive information on cases and allow them to be compared nationally when it launches in late 2013, but it won't include DNA.

The federal government has been resistant to amending the data bank to include missing persons and unidentified persons, citing privacy concerns and high costs. But Ray Boughen, Conservative MP from Saskatchewan, said that costs could be lowered if DNA from these cases was voluntarily incorporated. THE CANADIAN PRESS

# Few celebrate third anniversary of end of Great Recession

**Global recovery.** Three years on and trillions spent, economies still fragile in U.S. and Europe, while Canada's progress is deceiving

Few are noting the occasion, but about now Canada and the rest of the world should be celebrating the third anniversary marking the end of the Great Recession.

It was in the third quarter of 2009 — the July-September months — that Canada and many other major advanced nations began to breathe a little easier in the knowledge they had peered into the economic abyss and somehow survived.

Yet there are no signs of rejoicing, or even relief.

At separate stock-taking events last week, U.S. Federal Reserve chairman Ben Bernanke, Bank of Canada governor Mark Carney and the International Monetary Fund each had different versions of the same message — the global economy still hangs by a thread, growth is painfully slow and full employment is years away.

Europe is suffering through a Japan-style lost decade.

Canadians have been told repeatedly they have done better than most, and the message has become the reality.

France's L'Express magazine last week declared Canada "number 1" in a cover story, encouraging readers to pack up and head to the promised land.

The reality is a little more nuanced, though Canada looks awfully good next to much of Europe, which is now expected to be in recession the rest of the year.

But even in Canada, things might have turned out better. The first full year of recovery saw the output expand by an acceptable 3.2 per cent, but slow to 2.4 per cent in 2011. Depending on the forecast, it will likely slow further to between 1.5 and 2.1 per cent this year.

And that's gross domestic product, which includes population growth of about 1.2 per cent a year. Take away the fact there are more people in the country producing and spending, and the picture looks very different.

THE CANADIAN PRESS

**Aiming for average**

**On a per-capita basis, Canadians are still not back to where they were before the 2008-09 crisis.**

- Per-capita GDP in inflation-adjusted dollars peaked at $40,015.79 in the fourth quarter of 2007, and had only returned to $39,648.11 in the first quarter this year.

## Murdoch retreats

**Media mogul Rupert Murdoch, pictured entering the News Corp. building in New York last year, has resigned as a director of a number of News Corp. subsidiary boards in Britain and the United States, a spokeswoman confirmed Saturday. The announcement suggests that Murdoch may be distancing himself from his British newspaper interests, which have been shaken to the core by a widespread phone-hacking scandal.** LOUIS LANZANO/THE ASSOCIATED PRESS FILE

**Technology**

### Lab working on security shoe

A new lab at Carnegie Mellon University is working on shoe insoles that monitor access to high-security areas, like nuclear power plants. The idea is based on research showing that people have unique feet and ways of walking. Sensors in the footpad collect data and check the patterns. One expert says the technology could raise privacy questions. Attorney Lee Tien with the Electronic Frontier Foundation says it's a potential tracking device.

THE ASSOCIATED PRESS

**Beyond coffee**

### Starbucks juiced with Evolution

Starbucks on Friday will announce the opening of three more Evolution Fresh Inc. juice stores, in addition to the one it opened earlier this year. The Seattle-based company is also expanding distribution of ready-to-drink bottles of Evolution juice in stores to capitalize on the rapidly growing market for premium juices.

THE ASSOCIATED PRESS

# Canadian TV viewers to get packaging flexibility

Canadian viewers frustrated with paying for television channels they don't want can expect more flexible packages in light of a new ruling by broadcast regulators.

The Canadian Radio-television and Telecommunications Commission has ruled in favour of proposals made by Bell Media and Telus Corp. to adopt a more flexible TV-package model.

"In this decision, one of our main criteria was flexibility and innovation in the packaging," said Denis Carmel, a spokesman for the CRTC.

Carmel said that while individual channels may cost more under the new model, consumers' bills may go down because they will be paying for fewer channels.

The CRTC could not provide details about the terms of the agreement, which is confidential.

The ruling reflects a marketplace that is moving towards more flexible packaging, where consumers only have to pay for what they want, said Carmel.

"In the old days there were huge packages where to get one channel you might have to pay for many more," said Carmel.

Kevin Crull, president of Bell Media, called the decision a victory for consumers.

"The CRTC has sent a very clear signal that it supports carriage arrangements that will deliver more packaging flexibility to consumers," said Crull.

"With this decision, Canada will maintain its position as a world leader in providing consumers with both a wide array of programming choices as well as packaging flexibility, all at affordable rates."

THE CANADIAN PRESS

**Channel surfing extinct?**

**"In this decision, one of our main criteria was flexibility and innovation in the packaging."**

**Denis Carmel, a spokesman for the CRTC,** on the Canadian Radio-television and Telecommunications Commission ruling

Come in. *Start again.*

Debts spinning out of control? Feeling overwhelmed?
We're here for YOU. For a FREE financial assesment, meet with us and learn about our solutions. Learn how you can stop the collection calls, protect your assets, make one manageable payment on debt and *start again.*

519.310.FREE
or visit us at **www.mclay.ca**

McLay
Trustee in Bankruptcy

*Helping people throughout Southwestern Ontario with debt relief for over 20 years.*

## Eurozone. Germany saves billions as safe haven for investors amid crisis

Germany has emerged as one of the biggest beneficiaries of the European financial crisis.

The bond markets have demanded that countries such as Italy and Spain pay prohibitively high borrowing costs to sell their debt amid worries over their sluggish economies and creaking government finances. Such high interest rates will burden these countries' state coffers for years to come.

Financially healthy Germany, meanwhile, has secured billions of euros in debt at record-low — sometimes negative — interest rates.

Germany has long been seen as a safe bet. It is Europe's biggest economy and is the biggest single contributor to eurozone rescue funds, with a gross domestic product of $3.17 trillion US. The country's economy has grown steadily in the past two years and, with quarter-on-quarter GDP growth of 0.5 per cent, prevented the eurozone as a whole from sliding into recession in this year's first quarter.

**Germany is the biggest single contributor to eurozone rescue funds.** THE ASSOCIATED PRESS FILE

THE ASSOCIATED PRESS

## StatsCan. Inflation rate rises to 1.5% in June, consumer prices stable

Canada's annual inflation rate rose slightly to 1.5 per cent last month, but most consumer prices stayed well in check and there were few signs of building-cost pressures in any region of the country.

Statistics Canada said increases in the price of passenger vehicles, electricity, food, and homeowners' replacement costs were mostly responsible for June's slightly higher rate, which was up three-tenths of a point from May.

Economists had actually projected an even greater uptick given May's extremely low reading of 1.2 per cent.

But they also cautioned that most of the increase would be temporary, caused by unusual base-effects from a year earlier when gas prices were receding and auto dealers launched an aggressive program of discounting. The agency noted that discounting occurred this June as well — with car prices 2.7 per cent lower than they were a month earlier — but less so than a year earlier.

As well, gasoline prices continued to trend downwards this June by 3.2 per cent from May, but not as sharply as last year at this time.

THE CANADIAN PRESS

**Expensive electricity**

**5.9%**

**The key standout in Friday's report was that the cost of electricity rose by 5.9 per cent from last year, with most of the increases in Ontario, Alberta and British Columbia.**

# SCIENCE STUDENT'S NEWFOUND PASSION MAY BE CAREER MOVE

URBAN COMPASS
Todd Devlin
london@metronews.ca

As career aspirations go, Jason Oncz may have just made a 180-degree turn.

The 23-year-old, who will complete a double major in biology and psychology at Western University next year, is currently spending the summer with a camera in tow as he embarks on a possible career as a photographer.

It hasn't taken the undergraduate student long to land a promising opportunity. Oncz recently became London's first Google Trusted Independent Photographer, and last week he began shooting virtual tours of local businesses for a new Google Maps initiative.

"It's a great opportunity for everyone involved," said Oncz, who has launched his own photography business with the help of London's Small Business Centre. "I believe it will help businesses in London showcase what they have to offer, and it will help me build experience and partnerships."

And it will give Oncz a better idea as to whether he wants to pursue photography as a career after school. When he started university, medicine was his goal. But an interest in photography soon developed, and time spent on the staff at the Gazette, Western's student newspaper, opened his eyes to an alternate career path.

"I have found that I crave the opportunity to be more creative and artistic," Oncz said. "Running my own company and being able to have creative control has been enlightening."

In addition to the Gazette and volunteering with professors at Western, the 23-year-old had been doing some freelance work in the city before landing his current Google gig. He was hired following a series of interviews, and he has since completed a three-week training program that included online tests and photo shoots.

Now he's ready to add London to the list of cities already involved with Google Business Photos. The new initiative is meant to help businesses attract customers by providing 360-degree interactive panoramas of the interiors of their locations. It's an expansion of the Google Maps Street View application, and it seems to be a hit with restaurants, retail stores, beauty salons and gyms.

Oncz uses specialized equipment, and it takes him up to an hour to complete a shoot, which includes a maximum of 30 panoramic shots to create a virtual tour. Once he submits his photos, everything is set up on Google Maps within three business days.

The Western student is enjoying the opportunity, which was made possible in part by Ontario's Student Summer Company Project. And as an independent contractor, he is certainly enjoying being his own boss, which is something not many students get to experience.

When it comes to choosing a career, Oncz is leaning toward following his newfound passion.

"If I were to pin down what I'd be doing five years from now," he said, "I would say I'd still be serving London in the capacity of a commercial photographer, while having become more recognized in the country."

Follow Todd Devlin on Twitter @UrbanCompassLdn

Western University student Jason Oncz, pictured here in Peggy's Cove, N.S., recently became London's first Google Trusted Independent Photographer.
CONTRIBUTED

# The running of the brides

DARKO VOJINOVIC/THE ASSOCIATED PRESS PHOTOS

**On your mark ...**

## It's as if they are racing to the altar

Brides prepare for a race in central Belgrade, Serbia, on Sunday.

The winner and two runners-up of the Bridal Race, organized by a local magazine, receive numerous awards and the wedding gown they had chosen to race in.

THE ASSOCIATED PRESS

A runaway bride's footwear.

**Bride wars**

## 50

About 50 women took part in the event, which was a 150-metre sprint through the capital's streets.

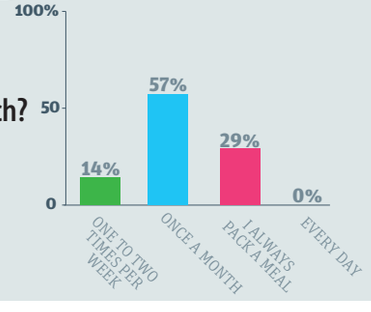
**Just run with it**

Just as Spain has the Running of the Bulls, Serbia has the running of the brides every year.

Metropolitan Panel

**Register at metropolitanpanel.ca and take the quick poll**

## How often do you eat out for lunch?




**Twitter**

**@orangeheromama:** Did the church thing..now what will the rest of the day bring?

**@jaymestone:** today's the day. premiering Andrew Downing's concerto for banjo and chamber symphony at the @HomeCountyFolk festival.

**@kimmm_edwards:** Post-wedding Sunday brunch, then rushing back to London to see Plaskett. Good Sunday indeed! If there is traffic I will snap.

**@JoJennings33:** Cottage-bound for a few days, beyond excited to live the simple life! #dock&beer

**@MadProgrammer:** 11 hours later and I leave the hospital on crutches. What a way to end movie night with my wife. #fail

metro **President:** Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, London** Jim Reyno • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **National Sales Director** Peter Bartrem • **Sales Manager** Charlotte Piper • **Distribution Manager** Rob Delvallet • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO LONDON** • 350 Talbot Street Main Floor London ON N6A 2R6 • **Telephone:** 519-434-3556 • **Fax:** 888-474-3094 • **Advertising:** 519-434-3556 Ext. 2222 • adinfolondon@metronews.ca • **Distribution:** london_distribution@metronews.ca • **News tips:** london@metronews.ca • **Letters to the Editor:** londonletters@metronews.ca

# The 20-year itch

Unwilling to start collecting dust in the seat crack of pop music, a spate of bands whose heydays are a couple decades in the rear view are back with a vengeance. Hollaback No Doubt, Garbage, Cranberries, and I Mother Earth, and, not to be left out of the fold, The Backstreet Boys, are once again back in the spotlight.

MIKE DOJC
scene@metronews.ca

## Backstreet Boys

**Heyday:** 1996-2000

Kevin, AJ, Brian, Howie, and Nick are back alright…but are they still everything you need? While the aging heartthrobs released a pair of albums in Kevin's absence, '07s Unbreakable and '09s This is Us, the band's core audience has been inconsolable since the oft-goateed member left. The reunion kicks off August 31 with a free concert in Central Park. A new album and a full-scale tour set for spring of next year is also in the works. Fans who can't wait that long to get their fix of returning singer Kevin Richardson can hunt down a pair of indie flicks he starred in this year: The Casserole Club, a wife-swapping drama set in the 1960s, and The Bloody Indulgent, a vampire musical.

**Signature Songs:** I Want it That Way, Show me the Meaning, As Long as You Love Me

## The Cranberries

**Heyday:** 1993-1999

This Limerick-Ireland-based quartet hadn't released a studio album since 2001, and fans were missing their lush and lilting brand of poignant sonic dreamscapes. Seamlessly alternating between sweet "di, do-do doo" lullabies and more attitudinally tart fare, the Cranberries are at their best when they temper their melodic sweetness with notes of sour anguish. The band sticks to their knitting on 2012's Roses, re-teaming with their original producer Stephen Street to recapture their magic. During their downtime, singer Dolores O'Riordan dropped a pair of solo albums and lead guitarist Noel Hogan delved into electronica starting up Monoband, which spun into the side project's current incarnation, Arkitekt. Since reconvening, the Cranberries have been busy busting out tunes on the road and will be on a European swing this coming fall with stops from Bucharest to Barcelona and many points between.

**Signature Songs:** Dreams, Linger, Zombie

## Garbage

**Heyday:** 1995-2001

With a name that gives a wry wink at the disposable nature of pop music, Garbage, assembled by Butch Vig (the super producer behind Nirvana's Nevermind), and a couple of his rock-vet pals, was originally a side project. Tapping Angelfish singer Shirley Manson to front the band made them one of the decade's steamiest acts. After seven years of hibernation following the underrated Bleed Like Me, Garbage returned with the nostalgia-mining Not Your Kind of People. Garbage's new material recycles the post-Grunge underpinnings of their self-titled debut and melds it with the spit-shined polish of their sophomore release Version 2.0 to create a vital new sound. During their self imposed exile pouty-lipped Manson stole scenes as a chilly yet sexy liquid metal Terminator in FOX's The Sarah Connor Chronicles while Vig earned himself a Grammy producing Green Day's 21st Century Breakdown.

**Signature Songs:** Only Happy When It Rains, Stupid Girl, I Think I'm Paranoid

## I Mother Earth

**Heyday:** 1993-1999

After an eight-year layoff since disbanding in the aftermath of 2003's The Quicksilver Meat Dream, IME was resurrected when they took the stage at Toronto's Sound Academy this past March for a pair of sold out shows. Bryan Byrnes, who took over from Edwin on 1999's Blue Green Orange, is back behind the mic and the Tanna brothers Christian and Jagori unleashing the band's beefy sonic onslaught on drums and guitar while Bruce Gordon checks back in on bass. The new single We Got the Love is a hard rocking, high-wattage pick-me-up that stands up to the band's most loved hits and longtime fans are lapping it up. With fellow mid-90s Canadian alt-rock radio regulars Treble Charger and Tea Party also recently getting their acts back together we smell a formidable triple bill in the near future.

**Signature Songs:** Levitate, One More Astronaut, Another Sunday

## No Doubt

**Heyday:** 1992-2001

Ska-revivalists No Doubt rocked steady throughout the 1990s but haven't jammed on new material in over a decade. Settle Down, the first single of their upcoming album Push and Shove, is a bouncy tour de force produced by Diplo (Beyoncé, M.I.A) charged by waves of Caribbean dancehall and frontwoman Gwen Stefani's infectiously perky pop-vocals. Since they've been gone the platinum blonde singer has released a pair of well-received solo albums, started a couple of fashion labels in L.A.M.B. and Harajuku Lovers, and gave birth to her two sons Kingston and Zuma. Bottle blonde bassist Tony Kanal also kept busy producing and laying down tracks with the likes of Pink and Weezer.

**Signature Songs:** Just a Girl, Don't Speak, Hey Baby

# Ricky Martin. Singer loving the Broadway life

Ricky Martin says Broadway is a monster that requires discipline, concentration and dedication, but Evita's Che is feeling so happy and so at home that he can't imagine moving for a while. In an interview at the Marriott Marquis Hotel in Times Square, New York, which houses the musical based on the life of Argentina's first lady Eva Peron, Martin said he's never been challenged as much as in the Tim Rice and Andrew Lloyd Webber spectacle and that this is, precisely, what has him "hooked" on Broadway, where he debuted in 1996 as Marius in Les Miserables. Martin has already decided to stay in the Big Apple at least for a while, calling it a "fascinating" and multicultural city for his soon-to-be-twins, Matteo and Valentino.

**You were born for the stage and certainly for one on Broadway. Any immediate plans to work on other musicals or plays after Evita?**
I love being onstage. I love what's happening with Evita. The reaction that I get every night from the audience, the emotions, the feeling, what I'm feeling every night onstage is, is simply beautiful. It's never the same, you never get bored, it's very challenging. Do I want to come back to Broadway? I would love to do Broadway the rest of my life! Because it's challenging, because it makes me grow as an actor, as an entertainer, as an artist, and that's what I need, that's what I'm hooked on.

**Would you consider staying here in New York?**
I AM staying here in New York! Those are my plans. Anything can change in show business, you know how it goes, everything changes from one day to the other. But my idea is to stay here for a while.

THE ASSOCIATED PRESS

Ricky Martin. THE ASSOCIATED PRESS



Scene in brief

## Studios silent on box office brags

**A Warner Bros. executive emailed a fact sheet about The Dark Knight Rises to Hollywood reporters a few days ago and ended with two hopeful syllables for the film's box-office prospects: "Ka ching." Cash registers have indeed been ringing at theatres worldwide this weekend as millions shell out for the finale to Christopher Nolan's epic Batman trilogy. But the shootings that left 12 dead and 58 wounded at a Dark Knight Rises screening in Colorado on Friday have silenced the usual box-office crowing by studios to let the world know they've unleashed another blockbuster. Warner, the studio behind the Batman flicks, decided to hold off on releasing debut numbers for The Dark Knight Rises this weekend out of respect to the shooting victims and their families. Other studios followed suit, saying that like Warner, they would not issue their usual Sunday estimates, waiting instead until Monday, when they normally release final dollar counts for the weekend. There's no doubt that The Dark Knight Rises will be the No. 1 film in America and beyond. Before Warner opted against weekend box-office reporting, the studio announced that the film took in $30.6 million domestically from shows that started just after midnight Friday.**

THE ASSOCIATED PRESS

On the web

**PBS gives Downton Abbey season 3 sneak peek**

Mariah Carey. ALL PHOTOS GETTY IMAGES

## Mariah Carey eyes judges role on Idol

With Mariah Carey rumored to be close to signing on as a new judge for American Idol, the last remaining judge for the reality singing competition wants to make it clear that he isn't going anywhere.

While serving as guest host on The View last week, Randy Jackson announced that he is not leaving American Idol, despite speculation he might be following Jennifer Lopez and Steven Tyler, who recently left the show.

"Steven and Jennifer are truly two of the most talented and consummate professionals I've worked with," Jackson recently told Gossip Cop about his co-workers' departure. "I was friends with them before we hopped on this crazy journey together and I have no doubt our friendships will continue long after." Jackson's statement still leaves open the possibility that he'll move from the judges' table to a mentorship role on the show, leading to a completely new panel of judges.

YOU COULD WIN A COPY OF SALMON FISHING IN THE YEMEN ON BLU-RAY!™
SALMON FISHING IN THE YEMEN
ON DVD AND BLU-RAY™ ON JULY 24TH
ALLIANCE FILMS
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com
Don't forget to like us on Facebook! facebook.com/clubmetrolondon


# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**The Word**

## *Group going Gaga over her gay ways*

THE WORD
Monica Weymouth
scene@metronews.ca

Pop stars can't catch a break today from the crazies.

The Florida Family Association is blaming Lady Gaga's hit single Born This Way and the singer's charitable foundation of the same name for encouraging teens to feel like worthwhile humans.

"Born This Way sends an irresponsible message to many teens who would have eventually chose to be straight," says the organization's website. "Thousands of kids who might have otherwise worked through their pubescent sexual identity issues (to) be inspired to accept the wrong choice based upon (her) unscientific, emotionally charged propaganda,"

The group is also encouraging followers to boycott retail chain Office Depot for donating $1 million to the Born This Way foundation.

No, guys — just no.

Although we do worry she sends an irresponsible message to the many teens who would have eventually chose not to wear a dress made from decapitated Muppets.

Posh Spice.

## Wannabe singers looking to Spice up Olympics

The Spice Girls are set to reunite for a performance to mark the closing of the 2012 Summer Olympics in London on Aug. 12, a source confirms to Us Weekly.

The group, which split up in 2001, hasn't performed together since their 2008 reunion tour. All five original members will be taking part, according to the source, and the group is expected to do two songs, including their debut hit, Wannabe. Other performers at the event will include George Michael, the Who and Jessie J, according to the source.

Usher.

## Usher struggles with stepson's death

R&B singer Usher is mourning the death of his 11-year-old stepson, Kyle Glover, who succumbed to injuries suffered in a jet ski accident earlier this month, according to TMZ.

Glover was riding on an inner tube being towed by a motor boat when a family friend's jet ski collided with him on Lake Lanier, Atlanta, Ga.

The boy was hospitalized and declared brain dead shortly after.

**Twitter**

**@MissKellyO**
I NEED HELP FROM A TECHY! i just deleted a really important work email from my trash how can i get it back?

**@victoriabeckham**
London is AMAZING!!! so beautiful!!!! love being home, on a boat trip with the kids!!!

**@rejectedjokes**
Just filled out a Mad Lib with Justin Beiber. He put SWAG in for everything. Noun, verb, pronoun... everything. SWAG.

**@ConanOBrien**
Athletes at the Olympics are being issued 15 condoms each. Or as the men's table tennis players put it, "14 condoms too many."

# Her husband donated sperm

**Families.** ...to a lesbian couple, and that's fine by her, says one mom

KOA BECK
mommyish.com

One lesbian couple accepts a sperm donation from a family friend. THINKSTOCK

Alana's husband had never donated sperm before. Although the mother of three had contemplated egg donation from time-to-time, her husband had never considered the opportunity to help a family in need, both before their marriage and after.

But when the couple's friends Jennie and Susan watched yet another sperm donor fall through, Alana and her husband decided to present them with an offer.

Two years ago after Alana welcomed her third child, Jennie and Susan were approaching the year mark of a struggle to get pregnant. Many legal barriers prevented the aspiring mommies from even getting married, let alone becoming parents — a predicament that deeply touched both Alana and her husband.

After consulting a lawyer on waiving all parental rights, the couple approached Jennie and Susan with the chance to use "their" sperm.

"They were surprised and grateful because the area where we lived is very conservative and most of our mutual friends were either neutral to their struggle or privately against it," Alana remembers.

The ladies didn't just hop at any sperm sample though.

**Quoted**

**"An anonymous sperm donor had never appealed to the couple and the idea of reaching out to friends with similar values greatly interested them."**

Only after some questioning about her husband's health and family medical history — which included no major genetic diseases — did the two mommies green light the idea. An anonymous sperm donor had never appealed to the couple and the idea of reaching out to friends who shared similar values greatly interested them. A sparkling family medical history and Alana's three healthy children ultimately had the two women consenting to expand their family with her husband's sperm.

She describes Jennie and her partner as being "very open" to both Alana and her family having limited involvement with the hypothetical child, hashing out potential visits and the routine sending of photos.

The "crunchy, natural lifestyle" ladies were adamant about attempting a more "organic" method for conception before going the IVF route. Upon removing heterosexual sex from the table, the soon-to-be mommies decided on at-home insemination and asked Alana's husband to deposit a sperm sample in a sterile cup at their home. Within the next hour, the couple used a sterile medical syringe, similar to what is used with infants, inside Susan. Although the couple was prepared to go through five rounds of at-home insemination before trying more conventional approaches, the mothers conceived on their second round — a rarity for their preferred method. Susan and Jennie eventually welcomed a baby girl.

"Jennie and Susan are two of the most loving, awesome people we have ever met and if anyone deserved to be mothers it was them. My husband and I both feel honoured and touched that we could be a part of helping them realize their dream of being parents," Alana tells Mommyish. "But in the end they are her mommies and my husband and I are just family friends."

# First peanuts, now eggs

Doctors have reversed allergies in some children and teens by giving them tiny daily doses of problem foods, gradually training their immune systems to accept them.

In the best test of this yet, about a dozen kids were able to overcome allergies to eggs, one of the most ubiquitous foods, lurking in everything from pasta and veggie burgers to mayonnaise and even marshmallows. Some of the same doctors used a similar approach on several kids with peanut allergies a few years ago.

Don't try this yourself, though. It takes special products, a year or more and close supervision because severe reactions remain a risk, say doctors involved in the study, published in Thursday's New England Journal of Medicine.

"This experimental therapy can safely be done only by properly trained physicians," says a statement from Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, the federal agency that sponsored the study.

It didn't work for everyone, and some dropped out of the study because of allergic reactions. But the results "really do show there is promise for future treatment" and should be tested now in a wider group of kids, said the study's leader, Dr. A. Wesley Burks, pediatrics chief at the University of North Carolina, Chapel Hill.

Training a child's immune system to tolerate even small amounts of egg to prevent a major reaction was the study's goal. It enrolled 55 children ages five to 18. Forty were given tiny daily amounts of powdered egg white, the part that usually causes the allergy. The other 15 were given a dummy treatment for comparison. The amounts were increased every two weeks until kids in the treatment group were eating about one third of an egg each day.

THE ASSOCIATED PRESS

Doctors are working on reversing egg allergies in kids and teens. ISTOCK

## 3 LIFE

**Health**

### *Whooping cough rising*

**The U.S. appears to be headed for its worst year for whooping cough in more than five decades, with the number of cases rising at an epidemic rate that experts say may reflect a problem with the effectiveness of the vaccine.**

**Nearly 18,000 cases have been reported so far — more than twice the number seen at this point last year, the Centers for Disease Control and Prevention said Thursday. At this pace, the number for the entire year will be the highest since 1959, when 40,000 illnesses were reported.**

**Nine children have died, and health officials called on adults — especially pregnant women and those who spend time around children — to get a booster shot as soon as possible.**

**Whooping cough has generally been increasing for years, but this year's spike is startling. Health investigators are trying to figure out what's going on, and theories include better detection and reporting of cases, some sort of evolution in the bacteria that cause the illness, or shortcomings in the vaccine.**

THE ASSOCIATED PRESS

**On the Web**

**Watch out, Tim Hortons: Canadians getting hooked on single-serve coffee machines**

Register early at
METRO AUCTIONS.ca
before July 31st
for a chance to
WIN
A 42" TV
AND A
DIGITAL SURROUND SYSTEM
Thousands of $$$ in online auction items starting September 7, 2012!



# Go wild for a rich Wild Mushroom Risotto sans all those calories

**Wild Mushroom Risotto with Parmesan and Asparagus**

**This recipe serves four.** RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

I love risottos but the restaurant versions are loaded with butter, cream or cheese. This risotto is easy to make and has little fat and few calories by comparison (4.9 g of fat and 196 calories per serving). For a more elegant risotto, try using truffle oil.

**1.** Lightly coat saucepan with cooking spray, add oil and set over medium-high heat. Add onion and garlic, and sauté 5 mins. or until onions are just tender and lightly browned. Add the mushrooms and sauté for about 8 minutes or until the mushrooms are no longer wet.

**2.** Add arborio rice and sauté 1 minute. Add 1 cup of the stock and simmer until the stock has just been absorbed. Continue adding 1/2 cup stock at a time, stirring until absorbed; repeat until all the stock has been used (about 20 minutes in total). Add the chopped asparagus with the last 2 cups of stock and cook until the asparagus is tender-crisp, about 3 minutes, and the liquid is absorbed.

**3.** Add all but 2 tbsp of the grated Parmesan cheese, the salt and pepper and mix well. Garnish with the remaining Parmesan and the basil. Serve warm. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)**

**Ingredients**

- 2 tsp vegetable oil
- 1 cup finely chopped onion
- 2 tsp finely chopped garlic
- 4 cups chopped wild mushrooms (try oyster, shiitake and/or portobello)
- 1 cup arborio rice
- 3 1/2 cups vegetable stock
- 1 cup chopped asparagus (cut into 1-inch pieces)
- 1/3 cup grated Parmesan
- pinch of salt and pepper
- 1/4 cup chopped fresh basil

**Healthy eating**

## *Choose it and lose it*

ROSE REISMAN
for more, visit
rosereisman.com

**We all have an inner kid and that kid most likely loves chocolate. Be careful because your sweet tooth may cost you.**

### Glosette Almonds (85 gms)

**460 calories/ 34 gm fat/ 30 g sugar**

A handful of these chocolate-covered almonds contains one third of your daily calories and half your daily fat. It's also tough to stop at one handful.

### Equivalent

One 85-gram box of Glosette Almonds is equal in fat to six strawberry sundaes from McDonald's.

### Juinor Mints (85 gms)

**340 calories/ 8.5 gm fat/ 68 g sugar**

Chocolate-covered mints contain less calories and fat but more sugar.

*"WIND gave me a way cooler phone with more talk and data for $20 cheaper than my old wireless carrier. Thanks WIND."*

– Mary-Beth K. of Toronto
WIND CUSTOMER SINCE DECEMBER 2010

THAT'S THE POWER OF

WIND™

Offer extended until July 31st

# JOIN FOR THE SAVINGS, STAY FOR THE SAVINGS.

## GET UP TO $200 IN SERVICE CREDITS WHEN YOU JOIN WIND TODAY.

up to $200 in service credits

It pays to join WIND by July 31st. Get any of our awesome phones on WINDtab™, sign up for our $40 unlimited Canada-wide plan and you'll receive up to $200 in service credits.

NOKIA LUMIA : $0 on WINDtab™

HUAWEI 8651 : $0 on WINDtab™

SAMSUNG GALAXY S III™ : $299 on WINDtab™

SAMSUNG GALAXY NEXUS™ : $99 on WINDtab™

BLACKBERRY® BOLD™ 9790 : $0 on WINDtab™

Find more information and your nearest store at

**WINDmobile.ca**

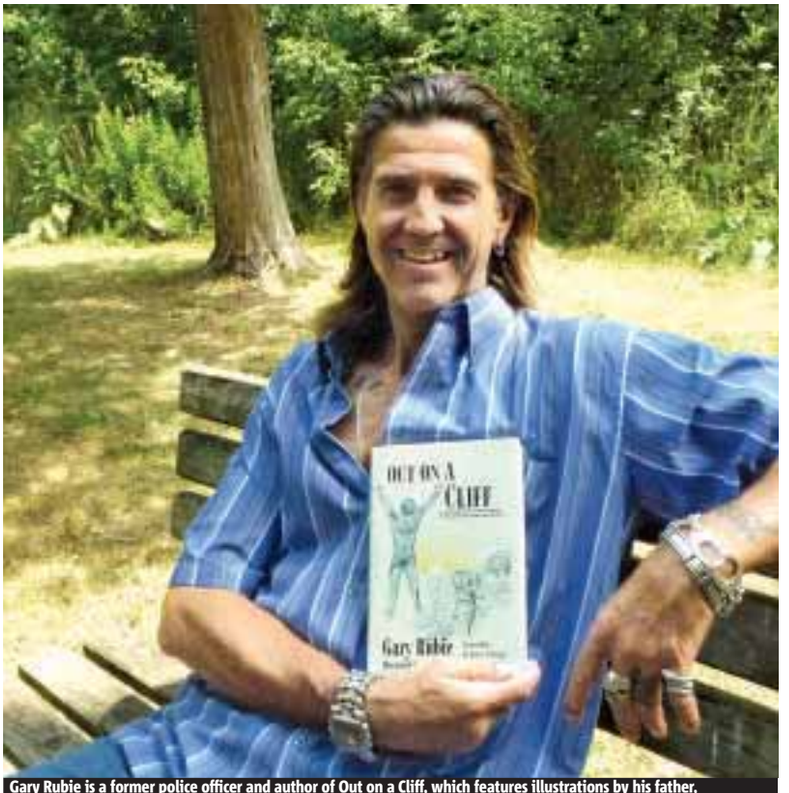
Offer ends July 31st, 2012. To be eligible for this promotion activate a new number or port-in your existing number and purchase any phone on WINDtab with our $40/month plan in person at a WIND retail store during the Promotion Period. Up to $20 will be credited to your active account every month for 10 months starting with your first bill. The credit is applicable to monthly add-ons and pay per use charges only and not towards your monthly plan fee. This offer is available to Pay After account holders only. Your account must be in good standing and you must keep the number you activated and the $40 plan in order to receive the credit. This promotion is available at WIND retail locations only. This offer cannot be combined with any other promotional offers. All services subject to WIND's terms of service, fair usage policy, and internet traffic management policy and are for personal use by an individual. Applicable taxes extra. Other conditions apply. Full details at WINDmobile.ca. ©2012 Nokia. Nokia and Nokia Lumia 710 are registered trademarks of Nokia Corporation. © 2012 Samsung Electronics Canada, Inc. Samsung and Samsung Galaxy S III are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. BlackBerry®, Bold™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. WIND, WINDtab and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. All other trademarks are the property of their respective owners. © 2012 WIND Mobile.

# A new line of duty: Former cop reaches out by writing his way to recovery

**Success in sobriety.** Gary Rubie has penned a book to help those out there in pain

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

As a police officer with 25 years of service, Gary Rubie dealt with suicides, assaults, homicides, armed robberies and the murders of 15 police officers. The work-related trauma took its toll and Rubie started to experience nightmares and overwhelming depression. He ended up addicted to alcohol and pain killers.



Gary Rubie is a former police officer and author of Out on a Cliff, which features illustrations by his father, Henk Rubie. KIRSTYN RUBIE

Gary was diagnosed with post-traumatic stress disorder and got help. He started to write about his experiences and was eventually encouraged to put his stories and poems into a book called Out On a Cliff.

"I want to stop one person from committing suicide. For the person suffering from crippling depression I want them to know there is a light at the end of the tunnel.

If one person is about to pick up a drink or use drugs there is another way out. You don't have to destroy your mind and body anymore."

**Don't give up**

**"For the person suffering from crippling depression I want them to know there is a light at the end of the tunnel."**

Gary Rubie

For 25 years, Rubie put his life on the line everyday as a police officer. Today, he has a new career. He's giving people hope.

"It's a miracle I'm alive today. I should have been dead 20 times over. From now on I plan to give back and help others."

**CORRECTION: LAST WEEK'S IN-CREDIBILITY COLUMN FEATURED SINGER MEREDITH SHAW, WHOSE GIRL WHO BELIEVES CONTEST WAS LISTED AS BEING OPEN TO GIRLS 11-17. THE CONTEST IS, IN FACT, OPEN TO FEMALE APPLICANTS 11 YEARS OLD AND UP.**

CAREER TRAINING
Pursue Career Training as a Personal Support Worker
Graduate in 7 months and start a career at:
• Long-term care facilities
• Home health care agencies
• Retirement homes/ residences
www.TrainAtEverest.ca
Call Now for More Information!
1-866-777-7844
LONDON
(Citi Plaza, 2nd Floor, corner of Wellington and York)
16 CONVENIENT LOCATIONS IN ONTARIO
Providing Quality Education in Ontario for More Than 40 Years
Everest | COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE
Programs and schedules vary by campus • Morning and afternoon classes available
Career services assistance available to graduates
Financial assistance may be available for those who qualify

WHY WESTERVELT?
You already have the inspiration & drive
Now take the next step!
• Attention to your success - dedicated instructors with real-world experience
• Accelerated, quality education to launch your career sooner
• An education that's not just books but from the HEART
WESTERVELT COLLEGE
CHANGING LIVES SINCE 1885 | WWW.WESTERVELTCOLLEGE.COM

# When and how to play hardball at work

**Ask and you shall receive.** Three tips that will help you discuss what you deserve at the workplace

JULIA WEST
Metro World News in Philadelphia

It's not easy when what you want is right in front of you, but you're not quite sure how to get it.

At work you may feel that you deserve a raise or that you're the best candidate for a promotion, but you don't know how to let your boss know it.

While your track record should do most of the talking, we've learned a few tricks that may help tip the scales in your favour.

**Be prepared**

This cannot be stressed enough.

Make sure that you can point to specific achievements during your negotiations to add foundation to your request.

"You must have already sold the individual on the idea that you are the candidate for the position," says Grant Cardone, author of If You're Not First, You're Last and executive producer of National Geographic's Turnaround King.

In addition, Morgan Norman, co-founder/CEO of performance management system WorkSimple, says that "your manager needs to understand why you deserve a new job title or more money, as opposed to just saying you want it."

**Be positive**

Your boss might say no, but that doesn't mean you should close the book on the negotiation forever.

"Timing is everything," Selena Rezvani reminds us.

"Try asking a second time under different circumstances."

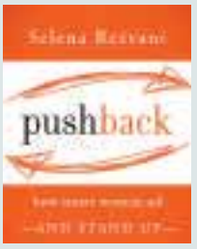
Sometimes a "no" is a good thing, because it proves you're asking for something better. "If you never hear 'no,' you're probably not asking for enough," says Rezvani.

Presenting yourself as prepared, confident and positive can help you get what you want. ISTOCK

**Cool and courageous**

## *Be confident in your approach*

Don't be afraid to ask for what you want. "People too often set low expectations for themselves when entering a negotiation," explains Selena Rezvani, author of Pushback: How Smart Women Ask — And Stand Up — For What They Want. "Always start with an ambitious outcome that would delight and thrill you, not just simply satisfy you."




Discover a Richer, More Rewarding Future
DISCOVER. IMPROVE. ACHIEVE.

BUSINESS & LAW
Honours Business Administration
Supply Chain & Logistics
Accounting & Payroll Administration
Paralegal (LSUC Accredited)
Law Clerk
Police Foundations

TECHNOLOGY - NEW!!!
Information Technology Professional
Enterprise Web & Mobile Developer
Web Technology Specialist
Video Game Design & Development
Video Game Design Technologies

Check out our brand new IT and Web programs!

HEALTHCARE
Physiotherapy Assistant
Occupational Therapy Assistant
Pharmacy Assistant
Early Childhood Assistant
Medical Office Assistant
Personal Support Worker
Community Services Worker
Addiction Worker

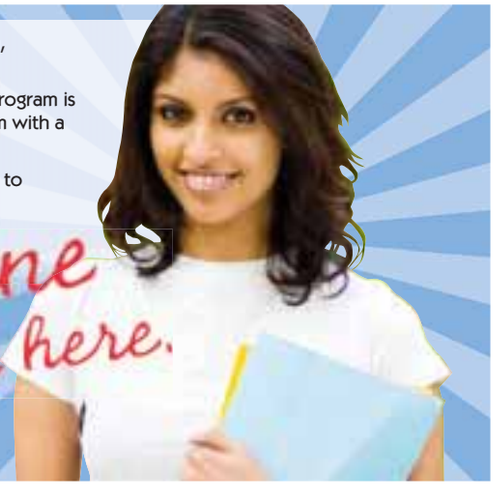
triOS COLLEGE
1-888-894-1384
520 FIRST STREET LONDON
Careerin1.com

*London International Academy,* is a Private Secondary Boarding School, located in the beautiful "Forest City" of London, Ontario. We offer academic courses from ***Grade 10 to Grade 12 to international students from around the world!***

At LIA, we pride ourselves on accommodating the ***distinctive needs*** of the ***individual student.*** Our secondary school program is flexible, with four semesters of study accompanied by a wide selection of courses. We provide a full Canadian curriculum with a fully certified teaching staff and ***comfortable residence living***.

With just over 200 students and in our ***10th academic year,*** students at LIA don't just attend classes, we encourage them to become involved in the wider London community.

***These are exciting times for London International Academy and we look forward to sharing them!***



Imagine being here.

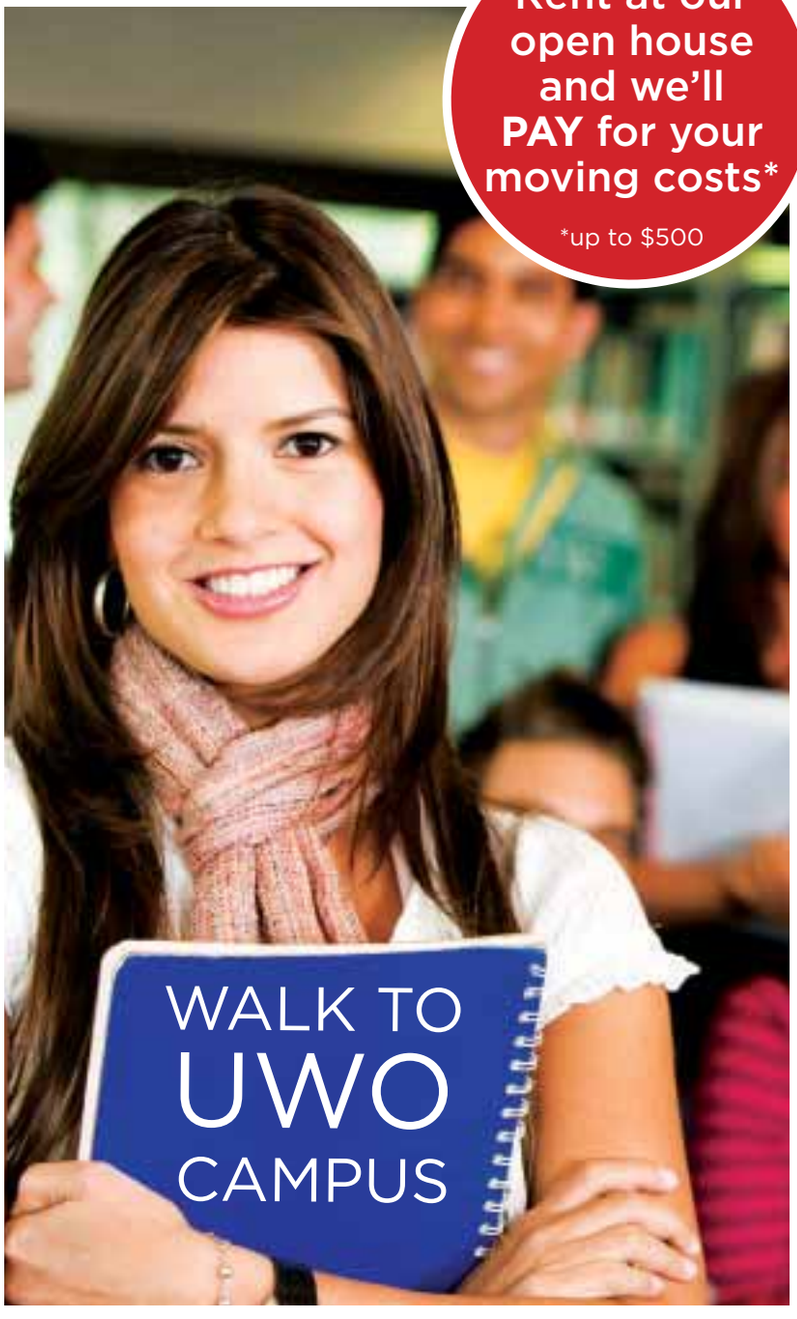
London International Academy

lia-edu.ca • Tel: 519-433-3388 ext. 1109
361-365 Richmond Street, London, Ontario

# ENTER TO WIN AN APPLE IPAD - THIS WEEKEND ONLY!

**Rent at our open house and we'll PAY for your moving costs***

*up to $500




# OPEN HOUSE
# THIS WEEKEND

SATURDAY, JULY 21 AND SUNDAY, JULY 22, 2012
12 PM TO 5 PM

- Walk to UWO Campus
- Sparkling seasonal pool, tennis court & on-site convenience store
- Jogging path connected to UWO Campus
- Bright suites and large balconies

---

**Bachelor, One, Two and Three Bedroom Suites from**

**$760 per month**

**Visit today and make us your home away from home!**

1231 Richmond (519) 434-3673
1265 Richmond (519) 433-9161

Timbercreek
ASSET MANAGEMENT
www.timbercreekrentals.ca

MLB

## Jays complete sweep of Red Sox

Brett Lawrie hit the game's first pitch for one of Toronto's four homers and the Blue Jays tagged Jon Lester for a career-worst 11 runs in a 15-7 victory that completed a three-game sweep over the Boston Red Sox on Sunday.

J.P. Arencibia, Rajai Davis and Travis Snider also homered for the Blue Jays.

Toronto (48-47) posted a season high for runs and climbed out of the AL East cellar, moving a half-game ahead of the Red Sox (48-48). The Blue Jays matched their season high with 18 hits.

Henderson Alvarez (6-7) pitched 5 2/3 innings, giving up seven runs.

THE ASSOCIATED PRESS

Motor racing

## Castroneves gets breakthrough in Edmonton

After four years of frustration, Helio Castroneves finally broke through Sunday and won the Edmonton Indy.

The Brazilian racer beat frontrunner Alex Tagliani out of the final pit stop, took the lead, and held off Japan's Takuma Sato by less than a second for the checkered flag at the City Centre Airport.

Will Power, Castroneves' Penske teammate, was third, 5.4 seconds off the pace.

For Castroneves, it was a big weight off his shoulders in the Alberta capital.

He had finished second three times in the last four races in Edmonton. In 2010 he took the checkered flag only to be stripped of the win for blocking Power.

"It's my second win here — but today it counts," said the 37-year-old from Sao Paulo.

THE CANADIAN PRESS

Helio Castroneves celebrates at the IndyCar race Sunday in Edmonton. THE CANADIAN PRESS

Ernie Els holds up the Claret Jug trophy after winning the British Open Golf Championship at Royal Lytham and St Annes golf club Sunday in England.
PETER MORRISON/THE ASSOCIATED PRESS

# Els wins Open after Scott falters

**Golf.** Australian Adam Scott bogeys final four holes while Els find something special

Quoted

**"I'm going to try and come and see you this evening. I'm supposed to go to Canada but I think I'm going to blow that thing off."** **In his victory speech, Ernie Els** said that he planned to visit his family in London. His quip about skipping the Canadian Open sent staff scrambling to try to confirm he was coming. They could not confirm, though the South African said in his speech he would try to get to Canada on Tuesday.

Ernie Els felt something special could happen at the British Open, and it did.

All because of a collapse by Adam Scott that no one imagined.

Four shots ahead with four holes to play — after eight straight holes with nothing worse than par — Scott bogeyed them all and had to fight back tears on the 18th green Sunday as the magnitude of his meltdown began to sink in.

Els, who started the final round six shots behind, finished off a flawless back nine with a 15-foot birdie putt for a 2-under 68 that looked as if it would do little more than lock up another runner-up finish at Royal Lytham and St. Annes. Instead, he wound up with his second British Open — the other one was 10 years ago at Muirfield — and fourth major championship.

"Amazing," Els said. "I'm still numb. It still hasn't set in. It will probably take quite a few days because I haven't been in this position for 10 years, obviously. So it's just crazy, crazy, crazy getting here."

The celebration was muted, unlike his other three majors.

"First of all, I feel for Adam Scott. He's a great friend of mine," Els said. "Obviously, we both wanted to win very badly. But you know, that's the nature of the beast. That's why we're out here. You win, you lose. It was my time for some reason."

Scott said: "I had it in my hands with four to go. I managed to hit a poor shot on each of the closing four holes. Look, I played so beautifully for most of the week. I shouldn't let this bring me down.

"I can't justify anything that I've done out there. I didn't finish the tournament well today. But next time — I'm sure there will be a next time, and I can do a better job of it."

THE ASSOCIATED PRESS

## Tour de France. Wiggins blazes trail for British cycling

Twenty-three years ago, Bradley Wiggins marvelled as Greg LeMond blazed a trail as America's first Tour de France winner. Now, he has blazed his own.

The 32-year-old from gritty northwest London became Britain's first winner of cycling's greatest race on Sunday, ending a 75-year drought for his country with an imperial conquest of the roads in France.

Wiggins had locked up the yellow jersey a day earlier by winning the final time-trial and Sunday's ride onto the Champs-Élysées was largely ceremonial for him.

But putting the coveted shirt to work one last time, he added a touch of class by providing a lead out to Sky teammate and fellow Briton Mark Cavendish to get his third Tour stage victory — the 23rd of his career — in a sprint. The Isle of Man native is a main contender to win road-race gold at the Olympics in London, which has been a hovering presence over the peloton in this Tour.

Wiggins congratulated his teammates after crossing the line, hugged his wife, and clutched the hands of their two children. A soprano sang "God Save the Queen," and Wiggins thanked the crowd with a touch of British humour.

"Cheers, have a safe journey home, don't get too drunk," he quipped.

Bradley Wiggins leads teammate Mark Cavendish past the Arc de Triomphe on the Champs-Élysées Sunday in Paris. DOUG PENSINGER/GETTY IMAGES

"It's been a magical couple of weeks for the team and for British cycling," Wiggins said. "Some dreams come true. My mother over there ... her son has won the Tour de France."

THE ASSOCIATED PRESS

4 SPORTS

MLB

**"My inclusion in the Hall of Fame is the ultimate validation. I want to thank you all for helping me along the way."**

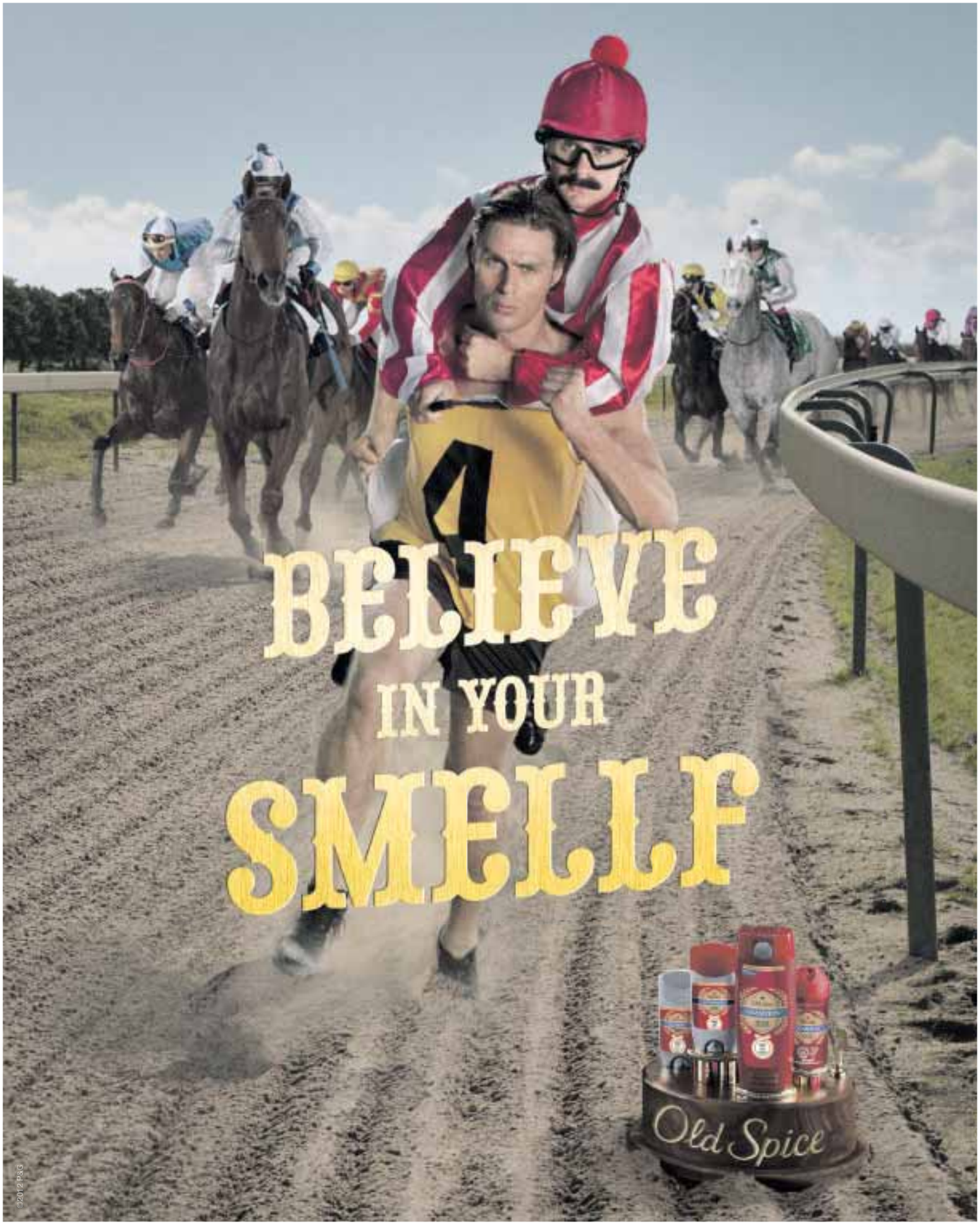
Former Cincinnati Reds star Barry Larkin, who was inducted into the National Baseball Hall of Fame and Museum on Sunday in Cooperstown, N.Y. Larkin, who played his entire 19-year career with the Reds, retired after the 2004 season with a .295 career batting average, 2,340 hits, 1,329 runs scored and 379 stolen bases. The late Ron Santo, star third baseman for the Chicago Cubs and later a broadcaster for the team, was also inducted Sunday.

**"This is not a sad day. This is a great day. I'm certain that Ronnie is celebrating right now."**

Ron Santo's widow, Vicki

Mobile sports

LeBron James finally got his championship and Kevin Durant might be the NBA's brightest young star. But entering the twilight of his illustrious career, Kobe Bryant is the most sought-after personality when the U.S. Olympic basketball team heads overseas. Scan the code for the story.


BELIEVE
IN YOUR
SMELL
Old Spice
©2012 P&G

2012 LCBO BREWMASTERS CUP

# Gaining power from the past

**Weightlifting.** Medal contender Girard inspired by Canada's former strong-women

The heaviest thing on Christine Girard's shoulders at the Olympics may be the legacy left by the Canadian female weightlifters that came before her.

But it's not a burden that slows her down. It only adds extra inspiration for London.

Girard, who grew up in Rouyn-Noranda, Que., is thinking particularly of Maryse Turcotte, who competed for Canada in the 2000 and 2004 Summer Olympics and won gold in two Commonwealth Games and one Pan American Games before she retired.

**Quoted**

**"That's what I want to experience at the Olympics, that the world knows we are nice and polite in Canada but that doesn't mean we can't compete."**
Canadian weightlifter Christine Girard

"I have enormous respect for Maryse and for what she did," Girard said from White Rock, B.C., where she trains and lives with her husband and coach Walter Bailey. "She was one of the first to stand out at the international level.

"Maryse showed what it's possible to do, she dared to do it. I want to do the same thing and hope to push things further in the future."

Girard hopes to add to the history in London, where she will compete in the 63-kilogram event on July 31. If she makes the podium, she'll be the first Canadian woman to get an Olympic medal in that discipline.

The 27-year-old, who was born in Elliot Lake, Ont., is not discouraged by incidents of doping within her sport.

"They have their reasons and I know this is not always their choice as an athlete," she said of those who cheat. "My goal is to show that if you work hard you can beat the others. Maybe it takes more years of training to get to that point — for me, it's 17 years — but I honestly think it's possible."

Girard is on her way to proving her point. She lifted 135 kilograms in the clean-and-jerk in training earlier this year — tying the Olympic record — and recently hoisted 136 kilograms.

"I've spent years testing that every month," she said. "If I'm capable of doing that in training, then others can too."

Girard, who was fourth at the Beijing Games, holds the record in the snatch and in total weight in her class at the Commonwealth Games — 60 kilograms — and the Pan American Games (63 kilograms).

THE CANADIAN PRESS

Christine Girard of Canada competes at the Beijing Olympics in August 2008. EZRA SHAW/GETTY IMAGES

## Torch reaches new heights in London

Amelia Hempleman-Adams poses with the Olympic flame on top of a London Eye pod on the torch-relay leg through London on Sunday. Hempleman-Adams took the torch on a trip on the giant observation wheel on the south side of the River Thames, riding atop one of the Eye's viewing capsules as it slowly rotated. The 17-year-old Hempleman-Adams was the youngest person to ski to the South Pole last year. The Olympic flame continues its weeklong journey around London, after spending more than 60 days touring Britain. LEWIS WHYLD/LOCOG/THE ASSOCIATED PRESS

## Track-and-field. U.S.-born athletes make up most of Haiti's small Olympic squad

Four of Haiti's five Olympians at the London Games have something in common — they're not from Haiti.

With millions of Haitians living on $2 a day or less and hundreds of thousands of people rendered homeless by a devastating earthquake two years ago, the country struggles to produce world-class athletes. But those with Haitian links are eager to represent the small Caribbean country.

"I still feel Haitian even if I wasn't born there," 21-year-old sprinter Marlena Wesh said in a telephone interview with The Associated Press.

Wesh, who will run the 200 and 400 metres at the Olympics, grew up in Virginia but her parents are from Haiti.

Besides having family ties to Haiti, the four foreign-born Olympians will be competing in track-and-field, including a former roommate of Facebook founder Mark Zuckerberg.

Samyr Laine, a 28-year-old triple jumper from New York, roomed with Zuckerberg at Harvard.

Samyr Laine will compete for Haiti in the triple jump. GETTY IMAGES FILE

He hopes to eventually form a non-profit group called the Jump for Haiti Foundation, a sports program to produce future Olympic athletes from the country. Laine said he plans to call on his friends, including his roommate-turned-billionaire, to donate a few dollars.

"I hope they see the merits of my cause," Laine said. "I will definitely try to reach out to Mark as well."

Moise Joseph, a 30-year-old 800-metre runner, and Jeffrey Julmis, a 28-year-old 100-metre hurdler, are also on the team. Haiti's lone homegrown Olympian is Linouse Desravine, a 21-year-old judoka.

THE ASSOCIATED PRESS

**Athletic infrastructure**

**Haiti does pose unusual challenges for athletes.**

- Three of Haiti's five competitive running tracks house thousands of people in tents and shanties who were displaced by the January 2010 earthquake.
- The office of the Haitian Olympic Committee has a budget of $400,000. The U.S. Olympic Committee's budget is about $170 million US.

WHICH OF THESE BEERS TASTES LIKE VICTORY? YOU DECIDE.
Cast your vote today at brewmasterscup.com

# HELP WANTED

## General Help

**Full Time & Seasonal Positions Available!**
Now hiring for all positions. Customer Service, Marketing, Sales, Management. No Exp Req. Students Welcome. **519-913-3140**

# MERCHANDISE

## Merchandise for Sale

**HIP FASHION Ltd**
**972 Hamilton Rd 519-204-0420**
**183 Dundas St 519-672-4460**
**15%* off**
**your retail amount with this ad.**
*Clothing Only

## Dental

**New Smile For Only $1,399***

**DENTURES**
Approximate Value $2500.
Discount Includes Complete Dentures or Partial Acrylic Dentures
(add $300 for metal framework partials)

**Charles Lim DD 519-858-9700**
**281 Oxford St. E. (Between Waterloo and Richmond)**
**"MENTION THIS AD" OFFERS EXPIRES AUGUST 10, 2012**

# HOUSEHOLD SERVICES

## General Services

**PROFESSIONAL PAINTING**
Specializing in interior painting, residential & small commercial, new construction, re-painting, small repairs etc.
**226-239-3329**
**facebook/day painters**

# RENTALS

## Apartments Unfurnished

**2 bdr, 106 King Edward Ave,** $675 + Hydro, inc laundry, lockers, security cameras i/o, paved parking & fenced. Avail Sept 1st
**519-633-6961 janetyates05@hotmail.com**

## Rooms Furnished

**LONDON NORTH, Furnished Room laundry, cable, non-smoker**
**519-204-3116**

# HEALTH & BEAUTY

## Dental

**New Smile For Only $1,399***

**DENTURES**
Approximate Value $2500.
Discount Includes Complete Dentures or Partial Acrylic Dentures
(add $300 for metal framework partials)

**Charles Lim DD 519-858-9700**
**281 Oxford St. E. (Between Waterloo and Richmond)**
**"MENTION THIS AD" OFFERS EXPIRES AUGUST 10, 2012**

## Junk Removal

**ECONO REMOVAL**
**DISCOUNT JUNK REMOVAL SERVICES**
Fast Friendly Fair
Same Day Service Free Estimates
Call Rick for great discount rates
**519-777-9634**

## General Services

**DO YOU SUFFER FROM KNEE PAIN?**

Join a clinical research trial to evaluate the effectiveness of an investigational natural health product on symptoms associated with knee pain.

**Contact us now! See if you qualify. Participants will be compensated up to $175.00**

Contact KGK SynergizeClinic: 519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com
KGK synergize

**Do You Suffer from Diarrhea Predominant Irritable Bowel Syndrome or IBS-d?**

Join a research study to evaluate the effectiveness of an investigational medication, or inactive placebo, for Irritable Bowel Syndrome with diarrhea.
Contact us now to see if you qualify.
Qualified Participants will be compensated up to $50.00 a visit.

Contact KGK SynergizeClinic: 519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com
KGK synergize

## Other Services

**Is GOUT a pain? Now is the time to act!**
Clinical research studies are enrolling Gout suffers.

Gout is a type of arthritis. It often comes and goes, with attacks of pain, redness and swelling in one or more joints. Over time, these "attacks" may become more frequent and severe, even leading to joint damage.

**While there is no known cure, medical research is working to find answers.**

**Join now and receive study-related medical care for your gout. As a study participant, you will receive:**
- Close monitoring of your gout
- Investigational medication at no cost
- Study-related medical care & tests at no cost.

**You Should Know That:**
- You don't need to be having a gout attack now to participate
- The study doctor will see you monthly over the next 6-14 months
- Your medical information is kept strictly confidential, unless given your permission or except as required by law
- You may also be provided compensation to cover your time & travel expenses

KGK synergize

**www.kgkclinic.com**
**519-858-8359**

## Miscellaneous

**LOOK!**
Advertise in this space for as little as $35/day
Call 1-800-527-6767!

**Attention Realtors!**
Did you know Metro is the most read daily national newspaper in the country?
Advertise your listings with Metro Classifieds.

2 Listings
Starting as low as
**$36 per day**

**Call 1-800-527-6767** to place your ad now!

Read metro work every Monday and Wednesday for tips and trends in education and employment.

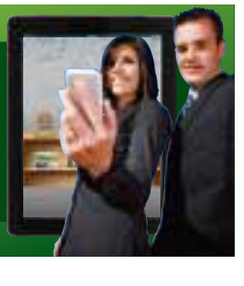
Only in Metro. News worth sharing.

# Sell Your Stuff For FREE! Call 1-800-527-6767

**Limited space Available** Size 1.535" X .542", Limit 1/day, 2/wk

| | | | | | |
|---|---|---|---|---|---|
| 2011 GEO E BIKE<br>works excellent, Comes with cover and U-lock<br>Paid $1000 ASKING $850<br>226-663-2051 | 4 wheel Scooter - Like new<br>2 new batteries, all lights, 52 inches long<br>MUST SEE! $1200 cash only<br>**519-659-6931** | Clothes Line Elevator - Heavy Duty<br>$25<br>(519)453-8798 | **GE Electric Oven**<br>**Cream color, excellent condition**<br>**$110.00**<br>**519-476-5000** | Samsonite set of luggage with Key. Tan in color. Medium and carry on for $50.00<br>Luggage bag fo $25.00<br>**519-657-8285** | **TOASTMASTER GRIDDLE**<br>Non - Stick LIKE NEW<br>16" by 12" $10.00<br>**519-453-9640** |
| • 3 pair of Sheers 1 patio & 2 med $10 each pair • large box of new material for quilting /cushions $20 • portable radio $15<br>(519)432-1165 | • American tourister 21" suitcase $50<br>Item is brand new<br>(519)659-9430 | **• Danby Air Condtion**<br>**5000 BTU's**<br>**$80.00**<br>**519-858-0279** | Headboard. 64 inches W x 58" H. Pecan colour, 6 spindle, half moon. $45<br>Call (519)472-4290 | Sony 60 inch Projection TV<br>Full HD 1080 SRXD<br>$650 OBO<br>519-858-0279 | Toilet - Full sanitized. Eliger, elongated bowl. 6L, insulated. Complete. $35<br>Call (519)472-4290 |
| 30 Childrens story books $20<br>Singing Valentine Monkey and Joke telling Bear $20<br>**519-453-8798** | **Baron Acoustic 6 string guitar**<br>**$100**<br>**519-204-9013** | **Display Pole 9' high. Great for Trade Show Banner Ads. Perfect Condition. Includes Accessories Reg price $300**<br>**A steal at $90 Please call 519-473-1091** | •Large Open Face Furance Blower moves air fast<br>• Antique hand crank singer sewing machine works... $90 **(519)453-8798** | Students computer desk with 2 drawers<br>Beige in color Good condition $25.00<br>Animal cage $15.00<br>226-663-2051 | **Web Camera**<br>**$20**<br>**(519)933-0155** |
| 32" by 47" Oak Framed Mirror<br>$40.00 OBO<br>(519)432-1165 | Bath/Shower stool $30 OBO<br>Double bed frames $25.00<br>519-266-0753 | Electric Scooter with battery<br>$425 almost new<br>(519)204-9013 | **Organ with Magic Jeannie**<br>**$275 OBO**<br>**519-657-8285** | Table & 4 upholstered swivel chairs<br>Very good condition<br>$50.00<br>519-453-9640 | White Arbrite Top Table 36" by 48" with 12" insert. Good Condition Asking $20<br>Navy Blue Fabric Vertical Blinds 102" by 72"<br>Asking $20 Please call 519-701-0958 |

metro
CANADA'S FIRST NEWS APP* IN NEWSSTAND
Now available for iPad, iPhone and iPod touch!
Available on the App Store



**CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 – MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL)** Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the Customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

## Horoscopes

### ♈ Aries
**March 21 - April 20**
Think big, act big and big rewards are sure to follow. The Sun in the most dynamic area of your chart means you won't let anything come between you and success. Life is a game and you love winning games.

### ♉ Taurus
**April 21 - May 21**
Make some changes on the home front this week – the bigger the better. How can you lighten up your living space? What can you do to give yourself a more relaxing environment? Don't wait – just do it.

### ♊ Gemini
**May 22 - June 21**
You don't need to raise your voice to make yourself heard – but you probably will. You want to make sure everyone – colleagues and loved ones alike – knows where you are coming from, and where you are going to.

### ♋ Cancer
**June 22 - July 23**
You seem to believe that you have been hard done by. Why is that? Maybe it's not other people's fault, maybe it's your own. If you want to change your luck, first change the way you look at the world.

### ♌ Leo
**July 24 - Aug. 23**
Don't worry if you have not done as much as you should have in recent weeks because the Sun in your sign will give you a boost. But don't wait for good things to be given to you – get them yourself.

### ♍ Virgo
**Aug. 24 - Sept. 23**
A life of ease may sound inviting but what would you have to show for it in the long-term? Not much. You have so many talents and it's about time you started using them.

### ♎ Libra
**Sept. 24 - Oct. 23**
Friends and family members will go out of their way to assist you today and if you are sensible and act on their advice you will do well on several levels. Your social life is about to pick up dramatically too.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
The Sun in Leo at this time of year leads to changes on the work front and it is important that you do not resist what happens over the next few weeks. Go with the flow and you'll do very well indeed.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
It's time to let go of beliefs and opinions that have been holding you back and to replace them with something a bit more up-to-date. You don't have to follow the herd but you do have to widen your perspective.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
The planets are urging you to be more adventurous. There are occasions when it is right to take risks and this is one of them, so stop playing for time and start making things happen, at home and at work.

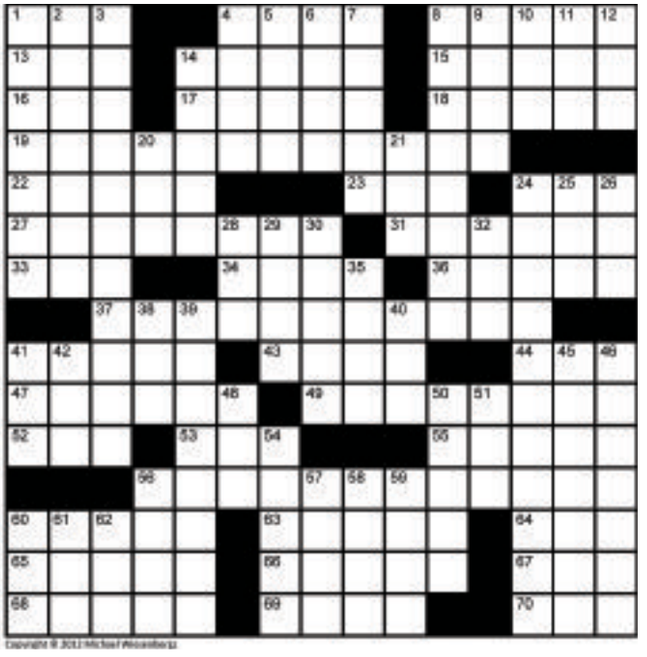
### ♒ Aquarius
**Jan. 21 - Feb. 19**
Put other people's interests first over the next few days, both in your personal life and at work. If you go out of your way to make life easy for others they will make it up to you big time later on.

### ♓ Pisces
**Feb. 20 - March 20**
Tear up an existing arrangement and replace it with something more to your liking. Others may not be happy about it but it is your happiness you should be thinking of.

SALLY BROMPTON

## Crossword: Ontario

BY MICHAEL WIESENBERG



**Across**

1. Newmarket-born actor Carrey
4. Brampton-born Michael who received 2008 Canadian Comedy Award for best male performance for Superbad
8. With 68-Across, 4 out of 5 touch Ontario
13. Nabokov novel
14. What a French-Canadian traffic cop might yell
15. Where to get a date?
16. "___ gonna get it!"
17. Something to believe
18. Ghana's capital
19. Part of the War of 1812 fought April 27, 1813, at what is now Toronto
22. "___ far, far better thing that I do ..."
23. Locks linking two of 8- and 68-Across
24. Race starter
27. Library transactions
31. Scarborough or North York WRT Toronto
33. Dentistry deg.
34. Great Britain emblem
36. Timberlake's group
37. Willowdale-born comedian who hosted Deal or No Deal
41. Mary Tyler Moore Show spinoff
43. Oakville progressive rock quintet
44. Dashboard gauge
47. Broadcasters
49. Network bigshot
52. Summer in ON
53. Duncan do not
55. Israel native
56. Southernmost extent of Canada's mainland, in Lake Erie
60. Toronto-born actress Jennifer known for playing Linda on Still Standing
63. ___ Hudson: Windsor-born member of The Band
64. Vitamin stat
65. For ___: cheaply
66. Roman title
67. Auto retailer: abbr.
68. See 8-Across
69. Sway
70. Sugary ending

**Down**

1. Nakedness symbol
2. Conceptualized
3. Hamilton-born star of Three Amigos, Pure Luck, Mars Attacks!, Father of the Bride
4. Early Ontario inhabitants
5. Rubik of cube fame
6. Shoal
7. Lawyers: abbr.
8. Circumvent
9. Pool start
10. It's beside F1
11. Broadcast
12. US airport checkers
14. Attorney-___
20. Mao ___-tung
21. Bond, etc.
24. London-born bandleader who formed The Royal Canadians in 1924
25. Carafe
26. US network
28. Clay, after
29. Falsehoods
30. Intoxicating elixirs
32. Mad cow disease
35. Former Hungarian premier Imre
38. Poem
39. Admonitions
40. As ___: Persian poker ancestor
41. Canada's ____ Dawn Chong
42. Secreted
45. Fräulein's frocks
46. How many stupid things are done
48. Unhappy
50. "Steady ___ goes!"
51. Indian lentil dish
54. Lawn tool
56. Not yours
57. Pack cargo
58. One of 8- and 68-Across
59. "___have to do"
60. Proverb or confident suffix
61. Cape Town's nation: abbr.
62. Convex cooker

## Friday's crossword

## What's online

See today's answers at metronews.ca/answers.

## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 9 | 7 | | 8 | | | |
| | 8 | | | | | 1 | 2 | |
| 3 | 2 | | | | 5 | 7 | | |
| 6 | | 7 | 2 | | | | 5 | |
| | | | | 5 | | | | |
| | 9 | | | | 4 | 2 | | 1 |
| | | 1 | 6 | | | | 7 | 9 |
| | 6 | 3 | | | | | 1 | |
| | | | 8 | | 9 | 4 | | |

## Friday's Sudoku

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

www.ultimateautomobiles.ca

# SUMMER OF SAVINGS

## Drive to Decide

### 2012 SX4 JA iAWD CROSSOVER

**$17,890** ALL INCLUSIVE. JUST ADD TAX.

### 2012 SX4 JA SEDAN

**$14,930** ALL INCLUSIVE. JUST ADD TAX.

**SAVE $5,000 OFF**

### 2012 KIZASHI S iAWD

**$25,190** ALL INCLUSIVE. JUST ADD TAX.

### 2012 GRAND VITARA URBAN

**$24,290** ALL INCLUSIVE. JUST ADD TAX.

## Purchase from inventory and choose one of the following:

**3 Year Maintenance Package** or **Free Gas** or **Winter Tire Package**

SUZUKI Way of Life!

# ULTIMATE SUZUKI

# 1.866.251.6005

## TIME'S RUNNING OUT - OFFER EXPIRES JULY 30TH